



2023 Spring Studio Class Schedule

Class schedule runs **Monday January 16th** thru **Friday April 14th**
Class fee reflects classes being held. Make up classes not available for dates studio is closed.

**** NO CLASSES / STUDIO CLOSED: 2/2, 2/3, 2/6, 2/20, 3/1-3/3, 3/6, 3/13-3/17 ****

REGISTER ONLINE @ WWW.DANCEMANIAALLSTARS.ORG * Schedule subject to change due to enrollment. Minimum of 6-dancers required for classes. *

MONDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
4:00 – 4:45 P.M.	Beg / Int Acro & Stretch *TEAM DANCERS ONLY*	6-9 Yrs	Amber	5
5:15 – 6:00 P.M.	Beg / Int Acro & Stretch	6-9 Yrs	Amber	5
6:30 – 7:15 P.M.	Beg / Int Mix It Up Mondays	6-9 Yrs	Riley	5

TUESDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
3:15 – 4:00 P.M.	Dancin' Tots	2-4 Yrs	Jenny A.	6
4:00 – 4:45 P.M.	Beg / Int Lyrical, Ballet, & Movement	6-9 Yrs	Marie	6
5:00 – 5:45 P.M.	Beg / Int Jazz & Pom	6-9 Yrs	Addy	6
7:00 – 7:45 P.M.	Intermediate Jazz, Pom, & Kick	10 Yrs & Up	TBD	6
7:00 – 8:00 P.M.	Int / Adv Acro & Technique *COMPETITIVE ALL STAR DANCERS ONLY*	10 Yrs & Up	Cheryl	7

WEDNESDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
4:45 – 5:30 P.M.	Beginner Leaps, Legs, Turns, & Tricks	4-6 Yrs	Jenny L.	5
5:45 – 6:30 P.M.	Beginner Jazz & Pom	4-6 Yrs	Jenny L.	5
7:15 – 8:00 P.M.	Intermediate Leaps, Legs, Turns, & Tricks	7 Yrs & Up	Jenny L.	6

THURSDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
3:15 – 4:00 P.M.	Tumble Tots	3-5 Yrs	Jenny A.	5
3:30 – 4:30 P.M.	Int / Adv Ballet, Acro, & Technique *COMPETITIVE ALL STAR DANCERS ONLY*	5-7 Yrs	Cheryl	6
4:30 – 5:15 P.M.	Beg / Int Ballet & Stretch	6-12 Yrs	Jenny L.	6
5:30 – 6:15 P.M.	Beg / Int Leaps, Legs, Turns, & Tricks	6-12 Yrs	Jenny L.	6
6:30 – 7:00 P.M.	Intermediate Acro	7-12 Yrs	Cheryl	6
7:00 – 7:45 P.M.	Int / Adv Leaps, Legs, Turns, & Tricks *TEAM DANCERS ONLY*	10 Yrs & Up	Jenny L.	6

FRIDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
3:00 – 3:45 P.M.	Beginner Acro & Technique	5-8 Yrs	Jenny A.	7
3:45 – 4:30 P.M.	Intermediate Acro & Technique	9 Yrs & Up	Jenny A.	7
5:30 – 6:15 P.M.	Beg / Int Hip Hop	6-12 Yrs	Sydney & Savvy	5

STUDIO SESSION FEES

FEES SHOWN ARE COST FOR FULL SESSION – NO Monthly Fees! Prices automatically pro-rate after start of session.

REGISTRATION FEE

FREE!

1 HOUR CLASS	\$180.00 (one-time fee covers one class for 17-week session)
45 MIN CLASS	\$160.00 (one-time fee covers one class for 17-week session)
30 MIN CLASS	\$135.00 (one-time fee covers one class for 17-week session)

CLASS LEVEL – Placement Guide

Beginner – or – Beg / Int	Novice dancer – less than 2 years at Dance Mania, first year competitive / prep dancers
Intermediate	Dancer with at least 1 year of training at Dance Mania
Intermediate / Advanced	Skilled dancer – dancer with 2+ years at Dance Mania, enrolled in 5+ hours of weekly dance training, enrolled in at least 1 all star team
NEW DANCERS	All NEW dancers to Dance Mania must trial a Beginner or Beg / Int level class BEFORE registering to any class. This will allow the instructors to properly evaluate the dancer and place them in the appropriate level class for the session. ** New Dancers will NOT be allowed to take part in Int / Adv level classes without prior approval from coaching staff **

NEW DANCER TRIAL

All NEW dancers or dancers who have not taken a class in the last (2) calendar years, are eligible for (1) FREE TRIAL class. Restrictions apply. See website for details.

RECREATIONAL STUDIO PROGRAM GUIDELINES

LEVEL PLACEMENT	Level Placement for any class can be altered at discretion of instructor to ensure dancer is placed in most beneficial learning environment.
MAKE UP CLASS POLICY	Make up classes available when applicable. Classes can be made up in ANY style if they adhere to age and level requirement. Arrangements must be made 24 hours prior via e-mail to dmaofficestaff@gmail.com .
CANCELLATION, REFUNDS, & CLASS TRANSFERS	To encourage dancer commitment, all class registrations are FINAL. Transfer requests are subject to approval.
WAITLISTS & CLASS CAPACITY	Dancers may sign up to be placed on the waitlist for any classes listed as FULL on the website directly. Parents will be contacted if a spot becomes available. Waitlists are managed in order received.

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Studio Class Descriptions

ACRO / ACRO & STRETCH

DMA FAVE! Skills taught emphasize control and technique and focus on proper execution. Dancers will work on acrobatic skills, tumbling, while working to build upon flexibility & strength. ****Note: Dancers must be evaluated prior to registering for Int / Adv class placement. (F) (N)**

BALLET

Ballet introduces dancers to the correct terminology, body positions, as well as the grace and poise which are required not only in ballet but all styles of dance. Dancers will learn barre work, center floor, and across the floor ballet combinations all while focusing on proper body placement, turn out, body control, & strengthening of body for proper execution. **(F) (B)**

DANCIN' TOTS / TUMBLE TOTS

DMA FAVE! This class is a great introduction for any young dancer to get started! Curriculum focuses on teaching creative movement skills, which build necessary gross motor skills needed for primary dance instruction. The use of fun, upbeat music assists in helping our dancers learn basic skills like hopping, skipping, jumping, galloping, and balance coordination. **(F) (B) (N)**

HIP HOP

Class focuses on choreography and a variety of hip hop styles. Dancers will be introduced to fundamentals of hip hop movements, learn new tricks, dance combos, and some of the hottest new moves! **(T) (S)**

JAZZ / POM COMBO

This class provides dancers with the chance to focus on improving turns, leaps, and conditioning. Train with DMA staff to perfect your dance skills! **(F) (JA)**

JAZZ, POM, & KICK COMBO

This class provides dancers with the chance to focus on improving turns, leaps, and conditioning while working on pom, jazz, & kick styles of dance. Train with DMA staff to perfect your dance team skills! **(F) (JA)**

LEAPS, LEGS, TURNS, & TRICKS

DMA FAVE! This class provides dancers with the chance to focus on improving turns, leaps, and conditioning. Train with DMA staff to perfect your dance skills! **(F) (JA)**

LYRICAL, BALLET, & MOVEMENT

Join us for a class that will introduce dancers to lyrical, movement, improv, & ballet technique. Ballet shoes are NOT required. **(F) (JA)**

MIX IT UP MONDAYS

DMA FAVE! This class will sample a variety of dance styles each week. From pom, jazz, hip hop, technique, lyrical, and MORE! Learn new tricks & movement combos all while building stamina and having fun! **(F) (JA)**

MOVEMENT / IMPROV

Join our staff for a class that will focus on movement, improv, & technique used in jazz, contemporary, & lyrical dance styles. **(F) (JA)**

TECHNIQUE

Push your training to the next level with this class! This class focuses on technique conditioning drills while building core strength, leg lines, and feet. Curriculum will focus on technical fundamentals and prepare dancers to properly execute leaps, legs, jumps, turns, & movement! **(F) (JA)**

SUGGESTED ATTIRE & SHOES

(F) Form Fitting Dance Attire
(B) Pink Ballet Shoes (NO Slippers)
(N) No Shoes

(C) Comfortable Dance Attire
(TA) Tap Shoes
(JA) Jazz Shoes

(T) T-Shirt / Tank
(S) Sneakers
(SS/P) Split Sole / Pointe Shoes

**** HAIR MUST BE PULLED UP TIGHTLY AWAY FROM FACE (BUN PREFERRED) FOR ALL CLASSES EXCEPT HIP HOP. ****

**** DANCE SHOES MAY BE PURCHASED AT MELBOURNE DANCE WEAR ****

>> ALL REGISTRATIONS MUST BE MADE ONLINE @ WWW.DANCEMANIAALLSTARS.ORG <<

Classes may be found under **CLASS REGISTRATION** tab. An account is needed to complete the online registration process. Confirmation e-mails are sent after successful processing! E-mail dmaofficestaff@gmail.com for website support.

Dance Mania COVID POLICIES – Studio Recreational Program (SEE WEBSITE FOR FULL LIST OF POLICIES)

DROP OFF / PICK UP	<ul style="list-style-type: none"> All parents will drop off dancers at the front of the studio. Dancers will not be allowed in more than 10 minutes before their class time. NEW DANCERS ONLY – Please call the studio upon arrival and a staff member will escort you in.
LOBBY ACCESS	<ul style="list-style-type: none"> Viewing is permitted for all recreational studio classes.