



# 2021 Spring Studio Class Schedule

Class schedule begins **Monday March 22<sup>nd</sup>** and ends **Friday April 23<sup>rd</sup>**

**\*\* Class fee reflects classes being held. Make up classes not available for dates studio is closed. \*\***

REGISTER ONLINE @ [WWW.DANCEMANIAALLSTARS.ORG](http://WWW.DANCEMANIAALLSTARS.ORG). COVID PROTOCOLS STRICTLY ENFORCED FOR ALL CLASSES.

**\*\* Schedule subject to change due to enrollment. All classes require a 6 dancer minimum to be held. Limited space available due to COVID\*\***

## MONDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
4:15 – 5:00 P.M.	<b>DMA FAVE!</b> Beg / Int Hip Hop	6 – 13 yrs	Savvy & Sydney	6
7:15 – 8:00 P.M.	<b>AUDITION PREP FAVE!</b> Int / Adv Dance Team Technique	7 yrs & Up	Isabella	6

## TUESDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
3:15 – 4:00 P.M.	Dancin' Tots	2 – 5 yrs	Jenny A.	6
3:15 – 4:00 P.M.	<b>DMA FAVE!</b> Beginner Jazz / Pom Combo	5 – 9 yrs	Morgan	8
4:00 – 4:45 P.M.	<b>AUDITION PREP FAVE!</b> Int / Adv Dance Team Technique	8 yrs & Up	Carina	6
5:00 – 5:45 P.M.	<b>AUDITION PREP FAVE!</b> Beg / Int Jazz / Pom Combo	6 yrs & Up	Carina	6
7:00 – 8:00 P.M.	Int / Adv Aero ( <b>Team Dancers ONLY</b> ) <b>CLASS FULL (Waitlist Only)</b>	8 yrs & Up	Cheryl	7

## WEDNESDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
5:15 – 6:00 P.M.	Beginner Acro & Technique <b>CLASS FULL (Waitlist Only)</b>	5 – 9 yrs	Morgan	5
7:15 – 8:00 P.M.	Advanced Leaps, Legs, Turns, & Tricks ( <b>Approval Required</b> )	8 yrs & Up	Morgan	6

## THURSDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
3:15 – 4:00 P.M.	Tumble Tots	2 – 5 yrs	Jenny A.	5
3:30 – 4:30 P.M.	Int / Adv Tiny Ballet, Technique, & Acro <b>CLASS FULL (Waitlist Only)</b>	5 – 7 yrs	Cheryl	6
4:45 – 5:30 P.M.	Beg / Int Acro & Stretch <b>CLASS FULL (Waitlist Only)</b>	6 yrs & Up	Morgan	6
5:30 – 6:15 P.M.	Beg / Int Leaps, Legs, Turns, & Tricks <b>CLASS FULL (Waitlist Only)</b>	6 yrs & Up	Morgan	6
6:30 – 7:15 P.M.	Intermediate Acro & Stretch ( <b>Approval Required</b> )	8 yrs & Up	Morgan	5

## FRIDAY

TIME	CLASS	AGES	INSTRUCTOR	STUDIO
2:30 – 3:30 P.M.	Advanced Tap ( <b>Approval Required</b> )	8 yrs & Up	Cheryl	7
3:30 – 4:15 P.M.	Dancin' Tots & Tumble Tots Combo <b>CLASS FULL (Waitlist Only)</b>	2 – 5 yrs	Jenny A.	6
4:30 – 5:30 P.M.	Beg / Int Acro & Technique <b>CLASS FULL (Waitlist Only)</b>	6 yrs & Up	Jenny A.	7
5:30 – 6:15 P.M.	Intermediate Tap	7 yrs & Up	Cheryl	5

## STUDIO SESSION FEES

**FEES SHOWN ARE COST FOR FULL SESSION – NO Monthly Fees!**

REGISTRATION FEE

**FREE!**

1 HOUR CLASS

**\$75.00 per class\***

\*Price automatically pro-rates after start of session

45 MIN CLASS

**\$60.00 per class\***

\*Price automatically pro-rates after start of session

## CLASS LEVEL – Placement Guide

Beginner – or – Beg / Int	Novice dancer – less than 2 years at Dance Mania, first year competitive / prep dancers
Intermediate – or – Int / Adv	Skilled dancer – dancer with 2+ years at Dance Mania, enrolled in 5+ hours of weekly dance training, enrolled in at least 1 all star team
<b>NEW DANCERS</b>	All NEW dancers to Dance Mania must trial a <b>Beginner or Beg / Int level class</b> BEFORE registering to any class. This will allow the instructors to properly evaluate the dancer and place them in the appropriate level class for the session. <b>** New Dancers will NOT be allowed to take part in Int / Adv level classes without prior approval from coaching staff **</b>

## NEW DANCER TRIAL

All NEW dancers or dancers who have not taken a class in the last (2) calendar years, are eligible for (1) FREE TRIAL class. Restrictions apply. See website for details.

## RECREATIONAL STUDIO PROGRAM GUIDELINES

LEVEL PLACEMENT	Level Placement for any class can be altered at discretion of instructor to ensure dancer is placed in most beneficial learning environment.
MAKE UP CLASS POLICY	Make up classes available when applicable. Classes can be made up in ANY style as long as they adhere to age and level requirement. Arrangements must be made 24 hours prior via e-mail to dmaofficestaff@gmail.com.
CANCELLATION, REFUNDS, & CLASS TRANSFERS	To encourage dancer commitment, all class registrations are FINAL. For class transfers, please submit a "Class Transfer Request Form" which can be found online. Transfer requests are subject to approval.

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# Studio Class Descriptions

## ACRO

**DMA FAVE!** Skills taught emphasize control and technique and focus on proper execution. Dancers will work on acrobatic skills, tumbling, while working to build upon flexibility & strength. **\*\*Note: Dancers must be evaluated prior to registering for Int / Adv class placement. (F) (N)**

## BALLET

Ballet introduces dancers to the correct terminology, body positions, as well as the grace and poise which are required not only in ballet but all styles of dance. Dancers will learn barre work, center floor, and across the floor ballet combinations all while focusing on proper body placement, turn out, body control, & strengthening of body for proper execution. **Pointe class is by invitation only. (F) (SS) (P)**

## DANCE TEAM TECHNIQUE

**AUDITION PREP SUGGESTION!!** This class focuses on drills and progressions to help develop technique used primarily in pom and jazz routines. Dancers will sample a variety of dance styles each week. From pom, jazz, technique, lyrical, and. Learn new tricks & movement combos all while building stamina and having fun! **(F) (JA)**

## DANCIN' TOTS / TUMBLE TOTS

**DMA FAVE!** This class is a great introduction for any young dancer to get started! Curriculum focuses on teaching creative movement skills, which build necessary gross motor skills needed for primary dance instruction. The use of fun, upbeat music assists in helping our dancers learn basic skills like hopping, skipping, jumping, galloping, and balance coordination. **(F) (B) (N)**

## HIP HOP

Class focuses on choreography and a variety of hip hop styles. Dancers will be introduced to fundamentals of hip hop movements, learn new tricks, dance combos, and some of the hottest new moves! **(T) (S)**

## JAZZ / POM COMBO

**AUDITION PREP SUGGESTION!!** This class provides dancers with the chance to focus on improving turns, leaps, and conditioning. Train with DMA staff to perfect your dance skills! **(F) (JA)**

## LEAPS, LEGS, TURNS, & TRICKS

**AUDITION PREP SUGGESTION!!** This class provides dancers with the chance to focus on improving turns, leaps, and conditioning. Train with DMA staff to perfect your dance skills! **(F) (JA)**

## STRETCH / FLEX

**DMA FAVE!** This class is geared to properly condition dancers' bodies to become more flexible and ultimately stronger. Instructors will educate dancers on proper ways to isolate muscles while also learning exercises that will strengthen and build dance technique. **(F) (JA)**

## TAP

Tap dance focuses on building motor skills as dancers learn to hear and dance to the beat of the song, while executing different rhythmic patterns with their feet. As dancers' advance in training, they will work on more intricate rhythms and more difficulty in the footwork as well. **(F) (TA)**

## SUGGESTED ATTIRE & SHOES

**(F)** Form Fitting Dance Attire  
**(B)** Ballet Shoes (NO Slippers)  
**(N)** No Shoes

**(C)** Comfortable Dance Attire  
**(TA)** Tap Shoes  
**(JA)** Jazz Shoes

**(T)** T-Shirt / Tank  
**(S)** Sneakers  
**(SS/P)** Split Sole / Pointe Shoes

**\*\* HAIR MUST BE PULLED UP TIGHTLY AWAY FROM FACE FOR ALL CLASSES EXCEPT HIP HOP \*\***  
**\*\* DANCE SHOES MAY BE PURCHASED AT MELBOURNE DANCE WEAR \*\***

**>> ALL REGISTRATIONS MUST BE MADE ONLINE @ [WWW.DANCEMANIAALLSTARS.ORG](http://WWW.DANCEMANIAALLSTARS.ORG) <<**

Classes may be found under **CLASS REGISTRATION** tab. An account is needed to complete the online registration process. Confirmation e-mails are sent after successful processing! E-mail [dmaofficestaff@gmail.com](mailto:dmaofficestaff@gmail.com) for website support.

## Dance Mania COVID POLICIES – Studio Recreational Program (SEE WEBSITE FOR FULL LIST OF POLICIES)

<b>DROP OFF / PICK UP</b>	<ul style="list-style-type: none"> <li>All parents will drop off dancers at the front of the studio via <b>CAR LOOP METHOD</b>. Cars will line up at the <b>FRONT</b> of the studio, with the passenger door closest to the front door. <b>Both parents and dancers must remain in their CARS when arriving to the studio.</b> Coaches will wave dancers in when it's their turn to enter the studio.</li> <li><b>Dancers will not be allowed in more than 5 minutes before their class time.</b></li> <li><b>NEW DANCERS ONLY</b> – Please call the studio upon arrival and a staff member will escort you in.</li> </ul>
<b>LOBBY ACCESS</b>	<ul style="list-style-type: none"> <li>The studio lobby remains <b>CLOSED</b> in an effort to maintain social distance guidelines.</li> <li><b>NEW PARENTS ONLY</b> will be allowed in to observe class on the dancers' <b>first</b> day <b>ONLY</b>. (1) parent / guardian per dancer. <b>NO siblings please. New dancers are dancers who have never attended a class with us in the last (2) calendar years.</b></li> <li><b>(1) Parent / Guardian of dancers ages 3 and younger will be allowed in if needed for classes.</b> NO siblings please.</li> <li><b>The use of face masks is required while in the studio lobby. This will be strictly enforced.</b></li> </ul>
<b>GENERAL GUIDELINES</b>	<ul style="list-style-type: none"> <li><b>Social Distancing:</b> The dancers will continue to follow social distancing guidelines throughout classes.</li> <li><b>Face Mask Requirement (Dancers):</b> Dancers are not required to have masks with them during recreational classes.</li> <li>Dancers/Coaches <b>will NOT</b> be required to wear masks when dancers are not in close contact for less than 15 minutes.</li> </ul>

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